

Workshop supply list

The palette described below is commonly called a “prismatic palette” and is based on the visual spectrum of light. Purchasing everything on the list is quite spendy, so feel free to make substitutions as you see fit. That said, it is essential to have the following: white (Flake, Titanium, or Zinc), ivory black, and the three primary colors (Cadmium Yellow, Cadmium Red, and either Cobalt or Ultramarine Blue).

For the best prices, try the Italian Art Store, www.italianartstore.com, and Jerry’s Art-A-Rama, www.jerrysartarama.com.

Clothes: Dress for the weather.

Brushes: A variety of sizes. Flats are preferable.

Colors: 37 ml tubes. Gamblin and Windsor-Newton are good brands. Utrecht and Winton are fine. But I recommend you splurge for Old Holland for at least one tube of Cadmium Yellow Light.

- Cadmium Yellow Light
- Cadmium Yellow Medium
- Cadmium Orange
- Cadmium Red
- Alizarin Crimson
- Manganese Blue
- Cobalt Blue
- Ultramarine Blue, 3 tubes
- Ivory Black
- White, any will do. Flake, Titanium, or even Permalba.
Try to avoid Zinc, but it’ll work.

Portable easel: There are many on the market. Some prefer the classic wooden french easel that Julian or Mabef makes, but and others make decent ones too. Soltec has a hi-tech easel that’s pricey, and Guerilla Box and Easy-L makes nice pochade (small) boxes that can accommodate larger sized panels. Lately, I’ve been using one by James Coulter (<http://artboxandpanel.com/>) that is very light. You might also find good used easels on Craigslist or Ebay.

Panels: 8 x 10 up to 12 x16. For pre-primed boards, Frederix canvas boards are fine. For higher quality pre-primed boards, try the linen-on-gatorfoam panels by New Traditions (www.newtraditionsartpanels.com). Or, if you’d like to save some money and prepare your own, try masonite boards from any hardware store. Gesso both sides at least three times, then sand the painting side to minimize the brush strokes. Whatever panels you use, pre-tone them with a very light Raw Umber wash. Use a wash dark enough so white shows up clearly against it (about a 30 to 40% value).

Also:

- palette cup and palette knife
- some kind of tight-lid brush washer
- 1 qt. (at least) Turpenoid or Gamsol odorless solvent (not Turpenoid Natural, which is used only as a brush cleaner, not as a medium)
- any refined linseed oil
- plenty of paper towels, and a trash bag.

Optional: clip-on or free-standing umbrella for your easel. Keeps the sun off your painting, your palette, and yourself, and can shield your eyes from glare.